

REGULATION 2022

ORGANIZATION

Organized by Associazione Sportiva Dilettantistica IL PERUGINO RUNNING CLUB.

Date: **Saturday Sept 24th, 2022**

The races are FIDAL, IUTA, ITRA, IAU and UTMB approved

Completion of Bettona Crossing 50KM race grants 2 POINTS Itra for UTMB

The three races are "Trace de Trail" approved: www.tracedetrail.fr

PARTICIPATION RULES

The registration will be processed by Endu

At the time of registrations, athletes are required to prove that: Be at least 20 years old for BETTONA CROSSING 50K e 18 years old for SHORTRAIL DEGLI OLIVI 20K.

- 1 - Italian and non-Italian athletes registered with a club affiliated with FIDAL.
- 2 - Athletes registered with an Athletics Federation (other than FIDAL) affiliated to World Athletics.
- 3 - Italian and non-Italian athletes registered with a club affiliated with EPS that has signed an agreement with FIDAL.
- 4 - Italian (whether resident in Italy or not) and non-italian citizens living in Italy holding a RUNCARD

Warning: Holding RUNCARD it is not sufficient. Participation **is also subjects to possession of valid medical certificate** (Competitive "Athletics non other wording).

The medical certificate will be checked through the DataHealth service

5 - Non-Italian citizens living outside Italy holding a RUNCARD

Warning: Holding RUNCARD it is not sufficient. Participation **is also subjects to possession of valid medical certificate** (please download the form on www.umbriacrossing.com or send the request to perugianine@hotmail.com : fill in, signed and stamped by the doctor and send to perugianine@hotmail.com). The medical certificate will be checked through the DataHealth service

6 - Foreign athletes residing abroad who intend to participate as **a non-competitive runners**.

Warning: Choosing this option, the race time will not be displayed in the general leader board but will rather only be available next to the Athlete's name, in alphabetical order, in a separate result table and the Athlete will not be able to receive any prizes, only the "finisher" medal.

2 DISTANCES

The two competitive races, 50KM, 20KM will start from Piazza Cavour, the main square of Bettona, crossing through the woods, vineyards, olive groves, in the hearth of Umbria.

Three evocative races from the Etruscans to the Renaissance, in the lands of San Francesco di Assisi.

- BETTONA CROSSING - 50K / D + 1960 m
- SHORTRAIL DEGLI OLIVI - 20K / D + 870 m

SIGNALS

The courses are flagged with specific blue tape, arrows and signs.

There are check-points and medical assistance points throughout the courses. Authorised staff will be present to point out the correct direction at junctions or intersections that are considered to be misleading by the organization.

REFRESHMENT

The fluid stations / refreshments are located in 6 places for 50KM* Race, 3 places for 20KM race + 1 at the Finish line all stocked with drinks, mineral & electrolyte beverages and a selection of snacks to be consumed in those areas. Littering along the course will not

be tolerate and will result in immediate disqualification.

*WARNING: Refreshment points do not have plastic glasses

MAXIMUM TIME

The maximum time to finish Bettona Crossing 50KM is set at 9 hours in order to place in the ranking. 4 hours for 20KM. WE HAVE NOT provided a sweep time but at 38KM those participants who do not pass within 7 hours after the start, will be advised, for safety reasons, an alternative short route to return to Bettona.

The race will be monitored by chips, which will be assigned with the race bib.

IMPORTANT: In case of unfavourable weather conditions, the organizers may modify or shorten the course, or, in extreme cases, cancel the race for the safety of the athletes. In any case, they will try to set an alternate course if at all possible.

Registrations will be open on March 10th 2022 supported by www.endu.net

Be at least 20 years old for 50K and 18 years old for 20K.

REGISTRATIONS FEE

BETTONA CROSSING - 50K (1960 D+)

€ 35,00 – till March 31st 2022

€ 40,00 – till May 30th 2022

€ 45,00 – till August 31st 2022

€ 50,00 – till September 21st 2022

(300 maximum number of participants)

SHORTTRAIL DEGLI OLIVI - 20K (870 D+)

€ 20,00 – till May 30th 2022

€ 25,00 – till August 31st 2022

€ 30,00 – till September 21st 2022

(300 maximum number of participants)

N.B. + Service fees

For groups over 10 people (even mixed for the competitive races), please contact:
Chiara Brustenghi chiarabrustenghi@live.it +39 335 6261042

TECHNICAL DATA

Starting date: September 24th, 2022 / Meeting Place: Piazza Cavour - Bettona (PG)

BETTONA CROSSING (50K)

Departure time: 9:00 AM

Height Gain: 1960 mt

Maximum time: 9h

Refreshment point: (6)

SHORTTRAIL DEGLI OLIVI (20K)

Departure time: 10:00 AM

Height Gain: 870mt

Maximum time: 4h

Refreshment point: (3)

RACE PACK INCLUDES

Bib number

Official T.shirt

Local food products

Finisher medal

Medical assistance

Assistance on the track

Refreshments on the track and at the finish line

Pasta Party, Showers, changing rooms and bag storage are, at the moment, suspended due to COVID regulation.

MODE OF PAYMENT

Online by ENDU. Enrolment exclusively online, using www.endu.net, filling in the appropriate form. The registration is personal and final.

No enrolment cancellation is possible. In case of failure to participate no reimbursement will be made.

BIB NUMBER PICK UP

Friday Sept 23th, 2022

BETTONA CROSSING (50K)

SHORTRAIL DEGLI OLIVI (20K)

From 2:00 PM to 7:00 PM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

Saturday Sept 24th, 2022

BETTONA CROSSING (50K)

From 7:00 AM to 8:00 AM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

SHORTRAIL DEGLI OLIVI (20K)

From 8:00 AM to 9:00 AM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

IT'S NOT ALLOWED

Exchange of bib numbers

Exchange names

Change races

EQUIPMENT REQUIRED BETTONA CROSSING (50k)

Trail Running Shoes

Backpack

Mobile phone insert emergency numbers, keep the phone always on

Personal drinking Cup

1 Litre water reserve (bottles or camel bag)

Whistle

Thermal coil

Running clothes appropriate to weather conditions

Suitable food supplies

Adhesive elastic band, suitable for making a bandage or strapping (min 100cmx6cm)

EQUIPMENT SUGGESTED BETTONA CROSSING (50k)

We recommend using:

Little cash

Trail/Trekking poles

Wind Jacket

Pocket Knife

EQUIPMENT SUGGESTED Shorttrail degli Olivi (20k)

Personal drinking Cup

Trail Running Shoes

Mobile phone insert emergency numbers, keep the phone always on.

We stringly recommend:

Trail/Trekking poles

Running clothes appropriate to weather conditions

1 Litre water reserve (bottles or camel bag)

SHOWERS and bag storage are, at the moment, suspended due to COVID regulation.

Female and Male showers are located at the entrance of Bettona close to the start and finish line. Bag storage is located at the EXPO of the Event in Santa Caterina(Bettona).

Site plan at www.umbriacrossing.com

Overnight accomodation available (please call Chiara +39 335 6261042)

AWARDS

All the finishers will receive the official medal.

BETTONA CROSSING (50K) and Shortrail degli Olivi (20K)

- Top 3 finishers Overall M/F
- Top 3 finishers Over 18 (18/34)
- Top 3 finishers Over 35 (35/39)
- Top 3 Finishers Over 40 (40/49)
- Top 3 Finishers Over 50 (50/59)
- Top 3 Finishers Over 60

AWARD CEREMONY

1:00 PM Award Ceremony Shortrail degli Olivi (20K)

4:00 PM Award Ceremony BETTONA CROSSING (50K)

PERSONAL DATA PROCESSING

Participation in the Event involves the processing of participants' personal data for the purposes and in the manner described in the Organiser's Privacy Policy. The data controller is the Organiser. By registering for the Event, participants confirm that they have read the Organiser's Privacy Policy carefully.

RACE CANCELLATION

The Organization is not responsible in case of cancellation of the event for reasons of forcemajor (war, fire, strike, epidemics, extremely adverse weather conditions, accidents, civil unrest or any other cause beyond control).

In addition, if conditions dictate, the Event Organizers will be able to reduce or modify the race routes. No refund or penalty will be due for the above reasons. In case of cancellation of the event by the organization, the organization will do everything possible to inform all the athletes in the shortest time. The Organization assumes no responsibility for any consequential losses and no responsibility for reimbursing any other costs that may have occurred, including transportation, accommodation, etc.

COVID 19

If the pandemic situation does not allow us from organizing Bettona Crossing 2022 and the consequently the races are canceled, all participants will have two options: to have confirmed their registration for 2023 edition or to receive the payment back.

VIDEO - PHOTO FOOTAGE

The modalities of conducting the Event foresee the shooting of videos and photos in order to document the event; among the services connected to the registration for the Event, the Organiser also offers all participants the possibility to purchase the photos and videos of the Event in which their image is present.

The participant acknowledges and accepts that, in order to register and participate in the Event it is necessary to authorise the recording and use of one's own image in the manner and for the purposes indicated in this Regulation, as well as in the Disclaimer and in the Privacy Policy, in consideration of the public nature of the Event, of the object of the services of dissemination and commercialisation of the video-photo shooting of the Event as well as the impossibility to selectively limit the video-photographic recordings.

N.B.

The organizers of the Event, ASD IL PERUGINO RUNNING CLUB, reserve the right to modify these regulations at any time in case of circumstances beyond their control.

TIME TABLE

Friday September 23th 2022

2:00 PM: Opening race office for participants registration and bib number pick up

Saturday September 24th 2022

7:00 AM Opening race office for participants bib number pick up

8:45 AM Briefing BETTONA CROSSING (50K)

9:00 AM Starting race BETTONA CROSSING (50K)

9:45 AM Briefing Shortrail degli Olivi (20K)

10:00 AM Starting race Shortrail degli Olivi (20K)

10:45 AM Arrival refreshment opening

1:00 PM Award Ceremony Shortrail degli Olivi (20K)

4:00 PM Award Ceremony BETTONA CROSSING (50K)

Please for fore information do not hesitate to contact the organization:

Il Perugino Running Club - cell +39 335 6247018 - email perugianine@hotmail.com