

BETTONA CROSSING

REGULATION 2025

ORGANIZATION

Organized by Associazione Sportiva Dilettantistica IL PERUGINO RUNNING CLUB.

Date: **Saturday Sept 27th, 2025**

The races are FIDAL, IUTA, ITRA, IAU and UTMB approved

Completion of Bettona Crossing 50KM race grants 2 POINTS Itra

The three races are "Trace de Trail" approved: www.tracedetrail.fr

PARTICIPATION RULES

The registration will be processed by Endu

At the time of registrations, athletes are required to prove that: Be at least 20 years old for BETTONA CROSSING 50K e 18 years old for SHORTRAIL DEGLI OLIVI (20K) e SPRINT (10K)

1 - Italian and non-Italian athletes registered with a club affiliated with FIDAL.

2 - Athletes registered with an Athletics Federation (other than FIDAL) affiliated to World Athletics.

3 - Italian and non-Italian athletes registered with a club affiliated with EPS that has signed an agreement with FIDAL in 2025.

4 - Italian (whether resident in Italy or not) and non-italian citizens living in Italy holding a RUNCARD

Warning: Holding RUNCARD it is not sufficient. Participation **is also subjects to possession of valid medical certificate** (Competitive "Athletics non other wording).

The medical certificate will be checked through the DataHealth service

5 - Non-Italian citizens living outside Italy holding a RUNCARD

Warning: Holding RUNCARD it is not sufficient. Participation **is also subjects to possession of valid medical certificate** (please download the form on www.umbriacrossing.com or send the request to perugianine@hotmail.com : fill in, signed and stamped by the doctor and send to perugianine@hotmail.com). The medical certificate will be checked through the DataHealth service

6 - Foreign athletes residing abroad who intend to participate as a **NON-competitive runners**.

Warning: Choosing this option, the race time will not be displayed in the general leader board but will rather only be available next to the Athlete's name, in alphabetical order, in a separate result table and the Athlete will not be able to receive any prizes, only the "finisher" medal.

3 DISTANCES

The 2 competitive races, 50KM and 20KM will start from Piazza Cavour, the main square of Bettona, crossing through the woods, vineyards, olive groves, in the heart of Umbria. Three evocative races from the Etruscans to the Renaissance, in the lands of San Francesco di Assisi. **WARNING the third and new distance of 10km, SPRINT, will not start from the square of Bettona but from a specific point along the route. The athletes who will participate in this distance will be accompanied to the start by a shuttle service provided by the organization. The arrival will be the same in the heart of Bettona as for the 20K and 50K distances.**

- BETTONA CROSSING - 50K / D + 1960 m
- SHORTTRAIL DEGLI OLIVI - 20K / D + 870 m
- SPRINT - 10K / D + 300 m

SIGNALS

The courses are flagged with specific blue tape, arrows and signs.

There are check-points and medical assistance points throughout the courses. Authorised staff will be present to point out the correct direction at junctions or intersections that are considered to be misleading by the organization.

REFRESHMENT

The fluid stations / refreshments are located in 6 places for 50KM Race, 3 places for 20KM race and 1 place for 10KM + 1 at the Finish line all stocked with drinks, mineral & electrolyte beverages and a selection of snacks to be consumed in those areas. Littering along the course will not be tolerated and will result in immediate disqualification.

*WARNING: Refreshment points do not have plastic glasses

MAXIMUM TIME

The maximum time to finish Bettona Crossing 50KM is set at 9 hours in order to place in the ranking. 4 hours for 20KM and 2 hours for 10KM. WE HAVE NOT provided a sweep time but at 38KM those participants who do not pass within 7 hours after the start, will be advised, for safety reasons, an alternative short route to return to Bettona.

The race will be monitored by chips, which will be assigned with the race bib.

IMPORTANT: In case of unfavourable weather conditions, the organizers may modify or shorten the course, or, in extreme cases, cancel the race for the safety of the athletes. In any case, they will try to set an alternate course if at all possible.

Registrations will be open on February 1st 2025 supported by www.endu.net

Be at least 20 years old for 50K and 18 years old for 20K and 10K. For any assistance send an email to: support@endu.freshdesk.com

REGISTRATIONS FEE

BETTONA CROSSING - 50K (1960 D+)

€ 35,00 – till April 30th 2025

€ 45,00 – till August 31th 2025

€ 55,00 – till September 25th 2025

(175 maximum number of participants)

SHORTTRAIL DEGLI OLIVI - 20K (870 D+)

€ 20,00 – till April 30th 2025

€ 25,00 – till August 31th 2025

€ 30,00 – till September 25th 2025

(275 maximum number of participants)

SPRINT - 10K (300 D+)

€ 20,00 – till September 25th 2025

(100 maximum number of participants)

N.B. + Service fees

For groups over 10 people (even mixed for the competitive races), please contact:

Chiara Brustenghi chiarabrustenghi@live.it +39 335 6261042

TECHNICAL DATA

Starting date: September 27th, 2025 / Meeting Place: Piazza Cavour - Bettona (PG)

BETTONA CROSSING (50K)

Departure time: 9:00 AM

Height Gain: 1960 mt

Maximum time: 9h

Refreshment point: (6)

SHORTTRAIL DEGLI OLIVI (20K)

Departure time: 10:00 AM

Height Gain: 870mt

Maximum time: 4h

Refreshment point: (3)

SPRINT (10K)

Departure time: 9:30 AM

Height Gain: 300mt

Maximum time: 2h

Refreshment point: (1)

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IMPORTANT: no plastic glasses will be distributed to refreshments

RACE PACK INCLUDES

Bib number

Official T.shirt

Local food products

Finisher medal

Medical assistance

Assistance on the track

Refreshments on the track and at the finish line

Hospitality Village, Pasta Party, Showers, changing rooms and bag storage.

Shuttle service provided by the organization only for SPRINT 10K participants.

MODE OF PAYMENT

Online by ENDU. Enrolment exclusively online, using www.endu.net, filling in the appropriate form. The registration is personal and final.

No enrolment cancellation is possible. In case of failure to participate no reimbursement will be made. For any assistance send an email to: support@endu.freshdesk.com

BIB NUMBER PICK UP

Friday Sept 26th, 2025

BETTONA CROSSING (50K)

SHORTRAIL DEGLI OLIVI (20K)

SPRINT (10K)

From 2:00 PM to 7:00 PM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

Saturday Sept 27th, 2025 (RACE DAY)

BETTONA CROSSING (50K)

From 6:30 AM to 8:00 AM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

SHORTRAIL DEGLI OLIVI (20K)

From 8:00 AM to 9:00 AM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

SPRINT (10K)

From 6:30 AM to 7:30 AM at the BETTONA CROSSING EXPO (Santa Caterina, Bettona)

IT'S NOT ALLOWED

Exchange of bib numbers

Exchange names

Change races

EQUIPMENT REQUIRED BETTONA CROSSING (5ok)

Trail Running Shoes

Backpack

Mobile phone insert emergency numbers, keep the phone always on

Personal drinking Cup*

1 Litre water reserve (bottles or camel bag)

Whistle

Thermal coil

Running clothes appropriate to weather conditions

Suitable food suppliel

Adhesive elastic band, suitable for making a bandage or strapping (min 100cmx6cm)

EQUIPMENT SUGGESTED BETTONA CROSSING (5ok)

Little cash

EQUIPMENT REQUIRED Shortrail degli Olivi (2ok) and Sprint (10K)

Trail Running Shoes and Running clothes appropriate to weather conditions

Mobile phone insert emergency numbers, keep the phone always on.

EQUIPMENT SUGGESTED Shortrail degli Olivi (2ok) and Sprint (10K)

Personal drinking Cup*

1 Litre water reserve (bottles or camel bag)

IMPORTANT: no plastic glasses will be distributed to refreshments

Trail/Trekking poles are allowed

AWARDS

All the finishers will receive the official medal.

BETTONA CROSSING (50K) and Shorttrail degli Olivi (20K)

- Top 3 finishers Overall M/F
- Top 3 finishers Over 18 (18/34)
- Top 3 finishers Over 35 (35/39)
- Top 3 Finishers Over 40 (40/49)
- Top 3 Finishers Over 50 (50/59)
- Top 3 Finishers Over 60

SPRINT (10K)

- Top 3 finishers Overall M/F

AWARD CEREMONY

11:00 AM Award Ceremony Sprint (10K)

1:00 PM Award Ceremony Shorttrail degli Olivi (20K)

3:00 PM Award Ceremony BETTONA CROSSING (50K)

PERSONAL DATA PROCESSING

Participation in the Event involves the processing of participants' personal data for the purposes and in the manner described in the Organiser's Privacy Policy. The data controller is the Organiser. By registering for the Event, participants confirm that they have read the Organiser's Privacy Policy carefully.

RACE CANCELLATION

The Organization is not responsible in case of cancellation of the event for reasons of forcemajor (war, fire, strike, epidemics, extremely adverse weather conditions, accidents, civil unrest or any other cause beyond control).

In addition, if conditions dictate, the Event Organizers will be able to reduce or modify the race routes. No refund or penalty will be due for the above reasons. In case of cancellation of the event by the organization, the organization will do everything possible to inform all

the athletes in the shortest time. The Organization assumes no responsibility for any consequential losses and no responsibility for reimbursing any other costs that may have occurred, including transportation, accommodation, etc.

VIDEO - PHOTO FOOTAGE

The modalities of conducting the Event foresee the shooting of videos and photos in order to document the event; among the services connected to the registration for the Event, the Organiser also offers all participants the possibility to purchase the photos and videos of the Event in which their image is present.

The participant acknowledges and accepts that, in order to register and participate in the Event it is necessary to authorise the recording and use of one's own image in the manner and for the purposes indicated in this Regulation, as well as in the Disclaimer and in the Privacy Policy, in consideration of the public nature of the Event, of the object of the services of dissemination and commercialisation of the video-photo shooting of the Event as well as the impossibility to selectively limit the video-photographic recordings.

N.B.

The organizers of the Event, ASD IL PERUGINO RUNNING CLUB, reserve the right to modify these regulations at any time in case of circumstances beyond their control.

TIME TABLE

Friday September 26th 2025

2:00 PM: Opening race office for participants registration and bib number pick up

Saturday September 27th 2025 (RACE Day)

6:30 AM Opening race office for participants bib number pick up

8:45 AM Briefing BETTONA CROSSING (50K)

9:00 AM Starting race BETTONA CROSSING (50K)

9:45 AM Briefing Shortrail degli Olivi (20K)

10:00 AM Starting race Shortrail degli Olivi (20K)

9:15 AM Briefing race SPRINT (10K)*

9:30 AM Starting race SPRINT (10K)*

10:00 AM Arrival refreshment opening

11:00 AM Award Ceremony Sprint (10K)

1:00 PM Award Ceremony Shorttrail degli Olivi (20K)

3:00 PM Award Ceremony BETTONA CROSSING (50K)

***WARNING** this new distance of 10km, SPRINT, will not start from the square of Bettona but from a specific point along the route. The athletes who will participate in this distance will be accompanied to the start by a shuttle service provided by the organization. The arrival will be the same in the heart of Bettona as for the 20K and 50K distances.

Please for fore information do not hesitate to contact the organization:

Il Perugino Running Club - cell +39 335 6247018 - email perugianine@hotmail.com